



Cookbook Information & Deadlines

We are creating a kid's cookbook to support Helping Hands 4 Kids called Kids in the Kitchen: A Culinary Playground and we are excited to have your child be a part of it!

Since we are all still being affected by the COVID19 pandemic, we are not able to send a photographer to your home and need your help to make this happen.

On-going Commitment form (photo / video release) needs to be returned to Patty Leemhuis (pleemhuis@gmail.com). If you have more than one child participating a form needs to be filled out for each child.

Now - 7/1/2021 Your recipe will be reviewed for approval (we want to avoid duplications). Recipe categories are:

Appetizers	Easy Entrees
Kids Snacks	Side Dishes
Breakfast	Desserts

Have a cooking day and photo shoot with your child cooking their favorite recipe in the comfort of their own kitchen. Use props to make it more fun (we can help with ideas!)

Recommended photos:

- *Before - photos that include the child, ingredients, etc.
- *During - pictures of your child having fun! Messy is okay, they are kids!
- *After - your child holding the finished product, the finished item by itself and any photos of them biting into it.

Video footage:

We are going to create a promotional video for the cookbook. Please take video footage of your child during any part of the cooking process!

We will take portions of each video submitted to combine into a promotional video. Your smart phone video is fine.

All photos and videos should be sent to Patty Leemhuis at pleemhuis@gmail.com by 7/1/2021.

About Me: On each recipe page (sample attached), we are going to include a short paragraph about your child (using first names only). Please submit this to us with your photos and videos, **not to exceed 60 words.**